

## JALAPENO PEPPER

- Jalapenos are spicy chili peppers from the hot pepper family.
- Jalapenos are low in calories and full of vitamin C and B6, minerals, fiber and antioxidants.
- One of the most unique compounds in jalapenos is capsaicin; an alkaloid that gives peppers their characteristic spicy quality and is responsible for many of their health benefits.



### PACKING DETAILS

Weight	<b>10Kg</b>
Units/ Case	<b>10Kg/ Drum</b>
Cases/ Pallet	<b>48</b>
Shelf-life	<b>12 Months</b>
Pack Language	<b>English &amp; Arabic</b>

### INGREDIENTS:

Jalapeno	Water
Salt	Lactic Acid
Non-GMO products	

### NUTRITION FACTS:

Contains for one raw Jalapeno	
Calories	<b>4</b>
Fiber	<b>0.4g</b>
Vitamin C	<b>10% of the RDI</b>
Vitamin B6	<b>4% of the RDI</b>
Vitamin A	<b>2% of the RDI</b>
Vitamin K	<b>2% of the RDI</b>
Folate	<b>2% of the RDI</b>
Manganese	<b>2% of the RDI</b>

### STORAGE AND HANDLING

Can be kept at room temperature in a cool and dry place.
Unopened may be stored for as long as 12 months.
Cover with cling film and then store under refrigerated conditions.